

# Wholemeal open sandwich with vegetables and Délice d'Argental



## Informations

People : 4

## Ingredients

- 1 Délice d'Argental
- 8 slices mixed cereals bread
- 2 aubergines
- 4 teaspoons capers
- 4 pleurote mushrooms
- Fromage frais
- Olive oil
- Spinach
- Nutmeg
- Salt and pepper

## Preparation steps



1. Cut aubergines and mushrooms into thin slices and fry in olive oil until golden.
2. Spread bread with fromage frais and cover with slices of Délice d'Argental.
3. Briefly sauté spinach in a frying pan and season with salt, pepper and nutmeg.
4. Cover cheese with a layer of spinach, aubergines and mushrooms.
5. Decorate with capers and parsley.